



City of Albury

RSL Sub-Branch

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Newsletter

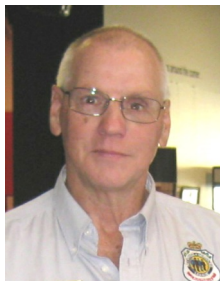
February Edition 2019

City of Albury Sub-Branch 2019 Committee

Patron: Hon Sussan Ley MP



President
Graham Docksey JP



Vice President,
Welfare & Trustee
Harry Hacking JP



Vice President
Mark Dando



Secretary
Mark Lunnon



Assistant
Secretary
Pauline McLeod



Treasurer
Scott Threlfall



Assistant
Treasurer
Jan. Francis



Trustee
John Gunton



Trustee
Harry Hacking



Trustee
Mark Lunnon



Hospital visitation
Peter Jansen



Noel Francis



Brett Newman



Bill Godde

Howard Jones

Historian

**Your Sub-Branch meets the third Sunday of each month
Commencing at 11am**

Light lunch follows the meeting at a cost of \$5

Meeting dates:

2019

February 17th AGM

March 17th

April 14th

May 19th

June 16th

July 21st

August 18th

September 15th

October 20th

November 17th

December 8th

(Christmas party)

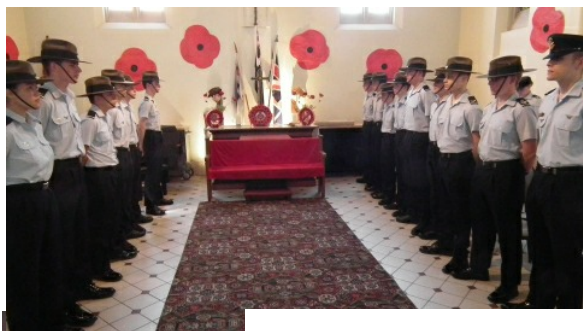
SUB-BRANCH OFFICE HOURS

TUES. THUR. 10am to 3.30pm

Thank you

**To all the volunteers who help:
Manning the Reception desk,
Looking after Pensions and Welfare,
Assisting in the kitchen,
Catering,
Cleaning up,
Setting up the meeting room,
Cooking on the BBQ,
Gardening and lawn care,
Setting up chairs at outside events
and the committee
for their ongoing dedication and
compassion for their fellow members.**

REMEMBRANCE DAY 2018 and ARMISTICE DAY 100 YEAR CENTENARY AT THE PIONEER CEMETERY



Albury RSL Sub-Branch would like to thank St Matthews Church for once again opening its doors and conducting an excellent Remembrance Day Commemorative service.





Air Force Cadets on Parade



412
Squadron
Australian
Air Force
Cadets

YOUR SUB-BRANCH

Volunteers are the mainstay of operations, without them your Sub-Branch would not continue to exist.

Volunteers include Welfare Officers, who work closely with all ex-service organizations and the Department of Veteran's Affairs.

We also need volunteers to look after the reception desk.

***We are always looking for volunteers.
If you have some spare time on your hands,
please give us a ring***

The Veterans Support Centre relies on generosity of donations to off-set our running costs.

**Annual Membership cards for 2019 are
now available.**

PENSION AND WELFARE HELP???

Don't forget that if you require a pension
or welfare assistance,
please phone

ANZAC House (Albury) 02 6021 1241
for an appointment.

If you would like a home visit,
please leave your details at
ANZAC House

527 Wilson Street Albury NSW 2640

Garry Treeve : Albury RSL Sub-Branch members would like to congratulate Gary on his selection as the Veteran Representatives for the 2019 Premier's Spirit of Anzac Prize Tour of Vietnam and Singapore. The tour dates are 06-17 April 2019. The last stages of finalising the itinerary are in place. In addition to Gary, the tour group comprises of 22 students from across Victoria (9 Male 13Female), 3 Teacher Chaperones (1Male 2Female), and Alexis Arrowsmith from Veterans Branch. They are still awaiting formal advice with regards to the MP (or MPs) who will accompany them on the tour.

ANZAC DAY PROGRAMME

- 5.30am Dawn Service at the Albury War Memorial on Monument Hill.
- 7.30am Service at SS & A Club Memorial Wall.
- 8am Waugh Road Memorial:
Service conducted by National Servicemen's Association.
- 8.30am Assemble for Dean Street March
Eastern end of Dean Street.
- 9am March commences down Dean Street.
The march will terminate in either Townsend or Elizabeth Streets, as directed.
- 10am Service at the Albury War Memorial on Monument Hill.

Guest Speaker: *to be advised*

**Host High School this year:
Xavier High School**

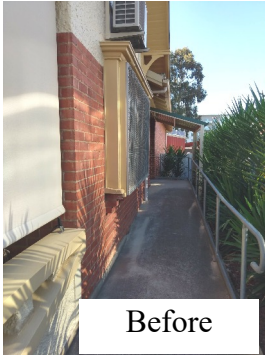
Goings on



GOING



GONE



Before

Improvements to
ANZAC House thanks
to grants from SS& A
and Commercial Clubs



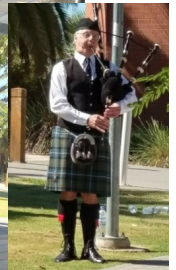
After



Graham met the
PM



National Servicemen's Day



Our Sub-Branch turns 100 this year and we will be celebrating our Centenary anniversary dinner 4th May at the Commercial Club. This event will be by invitation only as seats are limited. If you would like to be considered for an invitation please contact Secretary Mark Lunnon - you must be a financial member.

Presidents Column – February 2019.

Welcome to your sub-Branch Newsletter which is our main way of communicating with all of our members and particularly those that are not able to attend our monthly meetings. Your committee is dedicated to working hard for you and to make your sub-Branch a vibrant, safe and well-functioning organisation.

Volunteering: we need additional volunteers to staff the front desk: This is not time consuming, it is therapeutic. It will give you a purpose and a reason to get out of the house.

Become part of the solution and become involved in the functioning of your sub-Branch.

The sub-Branch has four trained Welfare Officers able to assist you if and when necessary. Just give ANZAC House a call if you require a visit. Please enjoy reading your newsletter and remember that your committee is here to assist you.

Much has happened since I last wrote and it concerns the

Constitution that was put before sub-branch delegates on the 4th of December 2018. 68% of the delegates voted against the proposed new constitution including myself. Some of the reasons why we were concerned was that there was too little down to earth discussion with members across the state. The document was too quickly cobbled together and clearly was not what the membership wanted. It was suggested that we should pass the constitution and make the amendments latter. I ask you, would you sign a blank cheque? A new proposed constitution will be put to members at the State Congress in Albury in May. Let's get it right for the members. There was also a proposal for a paid Board of Directors which was also defeated.

The Centenary of the formation of the sub-Branch will take place on the 4th of May with a dinner on the Saturday evening and a church service on the Sunday. Further details will be advised. I hope that the very hot weather is coming to an end and we can get out more often.

To assist the continued operation of the sub-Branch members need to renew their membership.

Best wishes, *Graham.*

LINK RSL DAY CLUB



The Link Day Club celebrated their Christmas breakup with a hearty meal at the Blazing Stump Hotel in early December. Jan and Noel were presented with their one year volunteers pins by the President of Albury RSL Sub-Branch, Graham Docksey. Coordinator Danny kept everyone entertained with his usual joke session and then presented everyone with their Christmas gifts. The Link Day club would like to express their gratitude to Albury RSL Sub-Branch for supporting them through the year with full use of the kitchen, meeting room and paying for the bus.



Link at Halloween and Melbourne Cup



Want Something to do on Thursdays?

Why not come and join in with the fun and frivolity of our Day Club?

We meet each Thursday at ANZAC house in Wilson Street Albury from 10am-2pm and is open to senior members of the Albury community.

Our programme includes: Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and occasional bus trips.

We have morning tea and lunch every week, contribution weekly is \$5. If you need door to door transport, this can be provided for an additional small cost of \$5. For information about becoming a member please contact :

The Link Club coordinator Danny on 0477 224 751

ANZAC TOKEN DAY 2019

Schools - 11th April

Sitters - 18th April

Soldier sales 16, 17, 23, 24 April

Ex Service Women's Association - Albury

Welcome to our news again and a reminder that we would still very much like to welcome any ladies interested in joining us as a member.

Meetings are held second Tuesday each month at 11.30am at

ANZAC House
527 Wilson Street Albury.

We have lunches arranged - day trips to enjoy

We have our own Welfare Officer for anyone needing help or advice.

Please ring Marj 6025 8197 (LEAVE A MESSAGE) or 0409038953 if you would like to enquire about coming along.

Love to see you - join us and meet some old and new friends.

Have some input as to what we as a group can do to enjoy ourselves.

We have a friendly mix of age rank & service among us & can still relate to each other as Ex-service ladies

Looking forward to another year ahead.

Christmas 2018





Soldier On has had a busy 2018 in Albury with numbers steadily growing each month and we are now also providing services to Wagga reaching a broader region. Wagga has been up and running now for a couple months after we were approached by local service providers and some veterans seeking support from Soldier On. We have been delivering a coffee catch up once a month and will look to deliver some other activities in 2019.

Back in Albury we have had a great year with local engagement of current and ex serving members and their families, and we have delivered a variety of activities together with our one on one support. These activities included:

- Various cooking classes at Geoffrey Michael Patisserie for couples, spouses and kids

- Fortnightly coffee catch ups in Wodonga and Albury

- 8-week Yoga program

- Family weekend supporting 8 families to have a fun filled weekend at Great Aussie Resort

- Veterans Health Week activities – Healthy eating lunch learning with Fuel your Life dietetics, Catch and Cook kayaking and fishing at Lake Hume, and Foodies tour, walk and lunch with Women's Veterans Network

- Monthly coffee catch up in Wagga

Soldier On Albury has also supported participants to engage in our larger Vet Connect program which supports male veteran's mental health. This program has seen local participants engage in both our Melbourne and Sydney Program. We have also supported one of our female veterans to engage in the Women of Courage program delivered by Outward Bound.

Our focus for services and supports for the local community continues around health and well being services, employment and education assistance and social participation programs available to current, transitioning and ex serving members and their families.

Plans for 2019 are well underway with a variety of well being and social programs being delivered in conjunction with the RSL Sub Branch which we are excited about, so keep an eye out for further information. Our Albury coffee catch up has also had a change in venue for 2019 and is now being delivered from ANZAC House so next time you visit the sub branch ask when coffee catch up is being held.

Albury RSL Sub-Branch
PO Box 175
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